The effects of erythromycin, gentamicin and Melaleuca alternifolia (Tea Tree Oil) on Pseudomonas aeruginosa and Escherichia coli

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- 1. Tea tree oil (TTO) has antimicrobial properties. In this study, we investigated the effects of an antimicrobial synergy consisting of TTO and the antibiotics gentamicin or erythromycin versus gram-negative bacteria *Pseudomonas aeruginosa* (*P. aeruginosa*) and Escherichia coli (E. coli).
- 2. Gentamicin, had minimum inhibitory concentration (MIC) values of $8 \pm 3 \mu g/mL$ and $4 \pm 1 \mu g/mL$ versus *P. aeruginosa* & *E. coli*, respectively. On the other hand, the respective values for erythromycin were $160 \pm 25 \mu g/mL$ and $141 \pm 9 \mu g/mL$.
- 3. The effects of different concentrations of TTO on the MIC values of antibiotics versus the bacteria were examined to determine the effects of a synergy on bacterial susceptibility. Compared to their control values, both of the antibiotics in synergy with TTO displayed dose-dependent reductions in their MICs. Statistically significant (P<0.05) results were obtained in every case when TTO was used at 2.5 and 5%.
- 4. We hypothesize that these effects are due to the disruption of bacterial efflux pumps by TTO. Implications of this study include lowering the dose-dependent toxicity of antibiotics by increasing the susceptibility of bacteria.

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