Psychology 2AP3: Abnormal Psychology – Major Disorders
Course Outline: May 6 – August 9, 2013

Instructor: Dr. Justin Mattina, Ph.D., C. Psych.
Telephone: (905) 399-0437
Email: mattinj@mcmaster.ca

Time: Mondays (9:30am – 12:20pm)
Location: PC – 155
Office Hours: Approximately 30 minutes prior to class or by appointment

Required Text:

Recommended Text (Talk to me prior to purchasing as DSM-5 to be released shortly):

Course Objectives:
Efforts will be made to review some of the major mental disorders found within the DSM-IV-TR. In doing so, we will examine 1) the clinical picture/symptoms that characterize the disorder; 2) the possible, yet often debatable causal factors; and in some cases 3) the potential treatment approaches commonly used.

Course Outline:
The table below shows the topics that we will be covering in the course, as well as the order in which we will be covering them. The dates provided are approximate and any modifications will be discussed within the course.

<table>
<thead>
<tr>
<th>Date of Lecture</th>
<th>Topic</th>
<th>Text Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 6</td>
<td>Introduction to Abnormal Psychology. Historical Views of Abnormality.</td>
<td>Chapters 1 and 2</td>
</tr>
<tr>
<td>May 13</td>
<td>Possible Causal Factors and Theoretical Viewpoints. Psychological Assessment and Diagnosis.</td>
<td>Chapters 3 and 4</td>
</tr>
<tr>
<td>May 20</td>
<td>HOLIDAY: NO CLASS</td>
<td>--------------------------</td>
</tr>
<tr>
<td>May 27</td>
<td>Anxiety Disorders.</td>
<td>Chapter 5 and 6</td>
</tr>
</tbody>
</table>
### June 3
- **MID-TERM EXAM.**
  - Guest Lecturer: Dr. Antoniou – Eating Disorders.
  - Covers up to & including Anxiety Disorders (Ch. 6)
  - Chapter 9

### June 10
- Mood Disorders.
- Suicide Assessment.
- Chapter 7

### June 17
- Psychotic Disorders.
- Chapter 14

### June 24
- **MID-TERM EXAM.**
  - Guest Lecturer: Living with Mental Illness.
  - Covers Chapters 7, 9, & 14

### July 1
- HOLIDAY: NO CLASS
- Addiction Disorders.
- Chapter 12

### July 8
- Somatoform and Dissociative Disorders.
- Chapter 8

### July 15
- Personality Disorders.
- Chapter 11

### July 22
- Psychological Treatment Approaches.
- Malingering.
- Chapter 17

### July 29
- **FINAL EXAM**
  - Covers material from the entire course, with an emphasis on the latter half of the course.

### August 5
- HOLIDAY: NO class

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**Evaluation:**

There will be two in-class mid-term exams, worth 25% each. These exams will consist of 40 multiple-choice questions, and you will be provided with 1 hour to complete them. These tests are not cumulative. There will be an in-class final exam worth 50%. This exam will consist of 80 multiple-choice questions and you will be provided with 2 hours to complete it. Please note that the final exam is cumulative, meaning that it will cover information from the entire course. However, it will have an emphasis on material from the latter half of the course.

**Final Grade Calculation and Adjustment:**

The final mark in Psychology 2AP3 will be computed by applying the formula to the percentage scores on the mid-term exams and the final exam:

\[
(Mid\text{-Term~Exam#1} \times 0.25) + (Mid\text{-Term~Exam#2} \times 0.25) + (Final\text{~Exam}\% \times 0.50) = Final\text{~Course~Mark}
\]
The final course mark will be translated into a letter grade according to the following table of equivalence:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Equivalent Grade Point</th>
<th>Equivalent Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>12</td>
<td>90-100</td>
</tr>
<tr>
<td>A</td>
<td>11</td>
<td>85-89</td>
</tr>
<tr>
<td>A-</td>
<td>10</td>
<td>80-84</td>
</tr>
<tr>
<td>B+</td>
<td>9</td>
<td>77-79</td>
</tr>
<tr>
<td>B</td>
<td>8</td>
<td>73-76</td>
</tr>
<tr>
<td>B-</td>
<td>7</td>
<td>70-72</td>
</tr>
<tr>
<td>C+</td>
<td>6</td>
<td>67-69</td>
</tr>
<tr>
<td>C</td>
<td>5</td>
<td>63-66</td>
</tr>
<tr>
<td>C-</td>
<td>4</td>
<td>60-62</td>
</tr>
<tr>
<td>D+</td>
<td>3</td>
<td>57-59</td>
</tr>
<tr>
<td>D</td>
<td>2</td>
<td>53-56</td>
</tr>
<tr>
<td>D-</td>
<td>1</td>
<td>50-52</td>
</tr>
<tr>
<td>F</td>
<td>0</td>
<td>0-49</td>
</tr>
</tbody>
</table>

Missed Tests:
If you miss an in-class mid-term exam for documented medical or compassionate reasons, you should complete a Missed Work form in the office of the Associate Dean of your Faculty. Once your Associate Dean has accepted your reason for absence, and you have provided me with documentation outlining this acceptance, alternative arrangements will be made. For instance, you may be provided with an alternate version of the mid-term to complete at the earliest possible time (e.g., the next day); OR the final exam will be reweighted (e.g., 75%) to cover the missed mid-term exam; OR you may be required to undergo an examination in another format (e.g., written essay). The format of the evaluation will be decided upon by the instructor.

Academic Integrity and Academic Dishonesty:
Students are reminded to read the Senate Policy Statements distributed at registration and available in the Senate Office. Students found to have violated any of these resolutions will be treated in accordance with the published policy.
It is your responsibility to understand what constitutes academic dishonesty. For information on various kinds of academic dishonesty please refer to the Academic Integrity Policy, specifically Appendix 3, located at:
http://www.mcmaster.ca/senate/academic/ac_integrity.htm
The following illustrates one form of academic dishonesty relevant to this course:

1. Copying or using unauthorized aids on tests and examination

Final Note:
The instructor and university reserve the right to modify the elements of the course during the term. The university may change the dates and deadlines for any or all courses in extreme circumstances. If either type of modification becomes necessary, reasonable notice and communication with the students will be given with explanation and the opportunity to comment on changes. It is the responsibility of the student to check their McMaster email and course websites weekly during the term and to note any changes.