

McMASTER UNIVERSITY
Department of Kinesiology

KINESIOLOGY 3B03

PHYSICAL ACTIVITY FOR CHALLENGED POPULATIONS

Fall Term, 2017

Office location and hours T.B.A. (or by appointment)

Lectures: Wednesday Evening 19:00-22:00 KTH B135

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COURSE OBJECTIVES

1. To provide a basic understanding of various populations that may require adaptation of physical activity to support participation.
2. To provide an introduction to person first language, integration issues, programming approaches and teaching considerations in adapting activity programs for the populations discussed.
3. To become aware of the unique needs of various populations and how creatively designed physical activity programmes may attend to those needs.

ACADEMIC INTEGRITY

Academic dishonesty consists of misrepresentation by deception or by other fraudulent means and can result in serious consequences (e.g. the grade of zero on an assignment, loss of credit with a notation on the transcript reading "Grade of F assigned for academic dishonesty", and/or suspension or expulsion from the university). It is your responsibility to understand what constitutes academic dishonesty. For information on the various kinds of academic dishonesty please refer to the Academic Integrity Policy, specifically Appendix 3, located at:

<http://www.mcmaster.ca/univsec/policy/AcademicIntegrity.pdf>

The following illustrates only three forms of academic dishonesty:

- Plagiarism (e.g. the submission of work that is not one's own or for which other credit has been obtained),
- Improper collaboration in group work.
- Copying or using unauthorized aids in tests and examinations.

LECTURE NOTES: Notes, in PDF format, will be available on Avenue to Learn in advance of the lecture.

COURSE FORMAT

The course will consist of lectures and student presentations. The presentations are designed to provide student groups an opportunity to explore practical approaches to adapted physical activity related to the theoretical classroom discussion.

Topics to be Covered (time permitting):**1. Introduction to adapted physical education and activity**

- a) normalization / integration / mainstreaming
- b) understanding individuals with special needs
- c) barriers to participation
- d) programming approaches/teaching strategies

2. Neurodevelopmental Disorders**3. Learning Disabilities and Physical Clumsiness****4. Emotional / Behavioural Disorders****5. Orthopedic Impairments**

6. Hearing Impairments**7. Visual Impairments****8. Competitive Sports for Special Populations****9. The Elderly as a Special Population**

*NOTE:
This material was not covered
last year in class.
There will be student
presentations on these topics
even if not discussed formally
in class.*

STUDENT RESPONSIBILITIES

- 1. Attendance at lectures and student presentations.
- 2. Participation in group presentation and paper.
- 3. Completion of Mid-term exam – **date and format to be discussed in class**
- 4. Completion of the final exam during regular Fall Term examination period.

EVALUATION

Mid-term Exam	30%
Group Paper	10%
Group Presentation	20%
Final exam	<u>40%</u>
	100%

"All instructors for all undergraduate courses, except supervised study, thesis and research/study courses, be required to return grade material equal to a minimum of 10% of the session's total mark prior to the final date which a student may withdraw from a course without academic penalty."

This date is not the "drop and add" date but Friday November 10, 2017 for this Fall term courses (the last day for canceling courses without failure by default), students must be given back work equal to 10% of the grade.

ADAPTED ACTIVITY GROUP PRESENTATIONS

The purpose of the presentation is to allow students the opportunity to creatively apply the theoretical aspects of the various populations discussed in class to describe and demonstrate adapted activities.

There will be a limit of 4 to 5 student groups per topic and 4 to 5 students per group based upon class size. Topic selection will be on a first come first served basis using an in-class sign-up list. Presentations within a given weekly session must be based on a different segment of the population and the adapted activity must be different (no two groups may select the same population segment or activity). **GROUPS MUST IDENTIFY THEIR SPECIFIC POPULATION AND IDENTIFY THEIR ADAPTED ACTIVITY ON THE SIGN-UP LIST AT LEAST TWO WEEKS BEFORE THE PRESENTATION DATE. MULTIPLE GROUP PRESENTATIONS ON THE SAME SPECIFIC POPULATION / ACTIVITY ARE NOT PERMITTED** unless approved by the instructor.

Group presentations will be evaluated on the relevance of their activity to the selected population, its conciseness and clarity, and the ability of the students to explain and organize the activity. Presentations will be graded using the criteria available to all students on Avenue to Learn.

Presentation time allocation, format, and location will be discussed in the first two weeks of the term.

GROUP PAPER

GROUPS MUST PREPARE ONE PAPER describing their adapted activity. Papers must be a **maximum of three pages** in length. Font and spacing is at the discretion of the authors keeping in mind the page limit. Papers will be graded based on relevance, conciseness, thoroughness, and clarity per the grading criteria posted on Avenue to Learn. **TWO (2) COPIES** of the paper must be submitted to the instructor in class **the day of the presentation.**

MULTIPLE CHOICE QUESTION

On a separate page, groups must include one multiple-choice question related **specifically to the activity presented** (with one correct response (A) and three or four distracters). An edited selection of the most suitable multiple-choice questions will be included on the final examination.

IMPORTANT NOTES:

ACADEMIC ACCOMMODATION OF STUDENTS WITH DISABILITIES

Students who require academic accommodation must contact Student Accessibility Services (SAS) to make arrangements with a Program Coordinator. Academic accommodations must be arranged for each term of study. Student Accessibility Services can be contacted by phone (905) 525-9140 ext. 28652 or email sas@mcmaster.ca. For further information, consult McMaster University's Policy of Academic Accommodation of Students with Disabilities.

<http://www.mcmaster.ca/policy/Students-AcademicStudies/AcademicAccommodation-StudentsWithDisabilities.pdf>

ON-LINE LEARNING RESOURCES

In this course, we will be using A Venue to Learn. Lecture notes, class schedule, and other notices may be posted electronically. Students should be aware that, when they access the electronic components of this course, private information such as first and last names, user names for the McMaster e-mail accounts, and program affiliation may become apparent to all other students in the same course. The available information is dependent on the technology used. Continuation in this course will be deemed consent to this disclosure. If you have any questions or concerns about such disclosure please discuss this with the course instructor.

USE OF COURSE MATERIALS

Course materials provided by the instructor are for use by students registered in this class only. Under no circumstances are these materials to be shared, posted or sold to a third party without permission from the instructor. This includes, but is not limited to, online posting of instructor provided lecture/lab notes, online lectures, recordings of lectures, or any lab materials on a website other than the Avenue site designed for the course.

ABSENCE FROM CLASS

In the event of an absence for medical or other reasons, students should review and follow the Academic Regulation in the Undergraduate Calendar “Requests for Relief for Missed Academic Term Work”.

POLICY REGARDING DEFERRED TESTS AND EXAMS

Students who miss the term test or final exam for legitimate reasons such as illness may be allowed to write a deferred or "make-up" test. In all instances, appropriate documentation must be submitted to the Office of the Associate Dean, Faculty of Science.

Students who miss a Registrar-scheduled final exam can apply to the Associate Dean’s office for permission to write in the deferred final exam schedule. In all cases, appropriate documentation must be submitted to the Office of the Associate Dean, Faculty of Science, for consideration of deferred examination permission. Under no circumstances will the instructor re-schedule a final exam for individual students.

MODIFICATIONS TO THE COURSE:

The instructor and university reserve the right to modify elements of the course during the term. The university may change the dates and deadlines for any or all courses in extreme circumstances. If either type of modification becomes necessary, reasonable notice and communication with the students will be given with explanation and the opportunity to comment on changes. It is the responsibility of the student to check their McMaster email and course websites weekly during the term and to note any changes.