

RESEARCH STUDY



PARTICIPANTS WANTED

WE ARE LOOKING FOR HEALTHY (non-smoker, non-diabetic) YOUNG MEN BETWEEN THE AGES OF **18-30 YEARS OLD** TO PARTICIPATE IN A RESEARCH STUDY LOOKING AT THE EFFECTS OF RESISTANCE EXERCISE AND SINGLE-LEG IMMOBILIZATION ON MUSCLE HEALTH

YOU WILL BE COMPENSATED FOR YOUR TIME

If you are interested please email Jonathan at mcleoj2@mcmaster.ca or call 905-525-9140 ext. 21918

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